

# Move More Renfrewshire Referral form for Health Professionals

## Referral Pathway

Health professional or potential participant completes referral form

Referral form received by Move More Renfrewshire

Potential participant phoned by Move More Renfrewshire team

Participant enrolled onto appropriate programme: gentle movement class/walking/circuits class/home

Participant attends 12-week Move More Renfrewshire sessions

Participant signposted to on-going local activities Participant advised to see GP if issues with triage/screening [Follow GP advice]

Together with Macmillan







### Referral form for Health Professionals

Participar	nt details:		
Title	First name	Surname	
DOB/CHI			
Address			Postcode
Telephone		Email	
Emergend	cy contact:		
Name		Telephone	
GP practice		Telephone	
Referring	Health Professional:		
Name (PRIN	T)		
Place of worl	<	Designation	
Telephone		Email	
Digital signa	ture		Date

Essent	ial r	eterral	ıntormat	ion:	(Description	of	diagnosis I	MUST	be completed)	)

**Diagnosis** Date

Treatment (select appropriate boxes)

Chemotherapy Ongoing Completed
Radiotherapy Ongoing Completed
Biological Ongoing Completed
Hormonal therapy Ongoing Completed
Surgery Ongoing Completed

Other

#### Past medical history:

Cardiac conditions (e.g. MI)

Muscle, bone, joint conditions

Respiratory disease

Cognitive impairment

Epilepsy

Other (please add):

Surgery

Diabetes

Hearing/visual impairment

Neurological condition (e.g. CVA)

Additional comments/information that is relevant to attending Move More Renfrewshire eg Arthritis, low mood etc:

#### Move More screening questionnaire (tick to agree):

This patient does not have an unstable cardiac condition which would contraindicate physical activity

This patient does not suffer from unstable angina

This patient does not suffer from drop-attacks or blackouts

This patient does not suffer from an unstable/acute neurological condition (e.g recent CVA)

If you have answered yes to any of the questions above please discuss this with your health care professional as this activity programme may not be suitable for you at this time.

#### Patient consent (Data Protection Act 1998):

•	•	
I have been informed about the Move Mor join a physical activity group Yes	re Renfrewshire prog No	ramme and wish to
I agree to the information in this form beir Renfrewshire Leisure and to being contact		ve More team at Yes No
I acknowledge that all information will be Leisure for the purpose of the Move More		
Signature		Date

**Please email completed forms to: movemore@renfrewshire.gov.uk** or post to: Move More Renfrewshire, Johnstone Town Hall, Ludovic Square,

25 Church Street, Johnstone, PA5 8FA. Telephone: 0141 618 4082.

Telephone 0141 618 4082 or email movemore@renfrewshire.gov.uk

All information passed to Move More is held in the strictest confidence under the guidelines of Data Protection Act 1998.