

Our Plan for Services Shaping Our Future 2021 - 2023 Renfrewshire Health & Social Care



We want to make life better for people in Renfrewshire.

Partnership

So they can live healthy, good lives.



To do this we need a plan. Our plan is called

'Shaping our Future'.



The Plan will show how we want to make things better over the next three years.



We asked lots of people what they think should be in our plan and we have listened to them.



There are lots of things going on right now that our plan has to talk about.

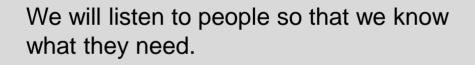
One of the things is how COVID has made a difference to how we can help people.



The plan says what we are doing about this and how we will try to make things better in the future.



Listening to what people tell us will be our most important thing to do.





We want to make sure that we know what helps people feel good, what they like to do and what's most important in their lives.



Once we know that, we will try to help them as much as we can.





Our plan talks about five ways we will try to help people:



We will work with other people and groups to make sure we can ask the right people for help at the right time.



We call this working in partnership.



That means we all work together to make sure the right help is there for people when they need it.



It also means we can do it better, and without wasting money



So we can help more people and keep helping them for longer.



We will encourage people to live healthier lives.



We can show people how to live healthier lives.



That mean things like eating healthy food.



Doing more exercise.



Stopping smoking and drinking less alcohol.



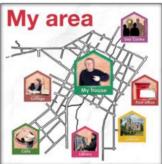
If people are healthy, they are less likely to feel unwell and need more help.

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People have told us they feel their best when they are close by people and places they know and love.



We will try to give people the help they need in their own homes.



Or close to the people or places where they feel their best.



Some people might also need specialist care and support that they cant get from their doctor



This could be people with autism, mental health issues - or have a condition that needs special treatment, like diabetes.



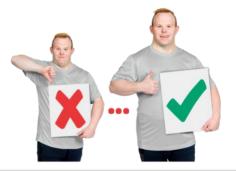
We will make sure that people get the support they need in their homes or neighbourhoods.



So people don't always have to go to hospital for this kind of thing.



We want to give people more choice about what help they can have.



The help and support people need can change. People need different support at different times.



Having more choice should help people to get the support they need most.



To do all the things in the plan.

We are working hard with lots of different people and groups who all want to work together to help people like you.



So, that's our plan. We hope you like it.