

## **INTERIM CARE BEDS**

### **What is Interim Care?**

**Interim Care** –is a service for people who are inpatients in hospital who are waiting on a Care at Home package to allow their discharge home, or who are awaiting a specific place in an allocated Care Home. Interim care allows people to be discharged from a hospital to a more homely environment rather than wait on a ward. Whilst in Interim Care the support available will be similar to what you would receive via a Care at Home package or within a Care Home.

### **How is it different to other hospital or care home provision?**

Interim care is different as its provided within a residential care home. It provides a homely environment with care and support provided by carers. This is a free short-term service, and is a separate provision to permanent care home services. Any application to a care home for a permanent place would be carried out separately to this specific service.

### **Where does Interim Care happen?**

Interim Care beds are provided at Montrose Care Home and Renfrew Care Home. This is a specific service provided separately to the permanent care home places.

### **What happens when I enter Interim Care?**

You cannot self-refer to Interim Care. The offer of the service will be made to you by the professionals who have been caring for you. They will have ensured that you meet the criteria for the service and it would meet your needs while you wait for care at home services or a bed in your chosen care home. In collaboration with you and if you wish your family or carers, an assessment will be carried out by a professional that will take account of your abilities, your needs and your preferences.

Thereafter a plan will be put in place that will be agreed with you and your family or carers. As part of this you will have a planned end date for your stay to work around your care plan.

Your move to Interim Care could happen quickly, sometimes within a few hours or sometimes within a day.

You can ask questions at any point.

### **How long will I be in an Interim Care Bed?**

The length of your stay will be different for every individual, but usually no longer than 2 weeks in Interim care.

Your progress will be monitored by a team of professionals who will keep you informed at all stages.

### **What happens at the end of the provision of Interim Care?**

At the end of your Interim Care stay, you will be supported to return home when your Care at Home package is ready, or you will move to your longer term care home placement.

Information about other support available will be provided on a case-by-case basis.

### **Can I choose to stay in the care home for longer than my care plan accounts for?**

No, the Interim Care service is a time-limited, short-term service with the aim of having individuals return safely to their own home or another specific homely destination. If you or your family feel that a longer term or permanent care home place is required, that would be assessed and planned for outwith the Interim Care service. Any stay longer than what is outlined in the care plan will incur costs.

### **Support for Carers**

You are an unpaid Carer if you provide unpaid support and care for someone who has an illness, disability, mental health problem or addiction and cannot cope without your support. You might not see yourself as a Carer yet you might be helping with everyday tasks such as personal care or emotional support such as helping someone cope with the symptoms of a mental illness. There's a range of support available to help improve your quality of life and to help you continue in your caring role.

Contact Renfrewshire Carers Centre by email [enquiries@renfrewshirecarers.org.uk](mailto:enquiries@renfrewshirecarers.org.uk) or by phone on 0141 887 3643