



# WiRe Map Guide

Version 2, May 2025

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## Introduction

- Well in Renfrewshire (WiRe) aims to increase the availability and knowledge of community-based and community-led wellbeing opportunities in Renfrewshire.
- The WiRe map aims to make wellbeing opportunities in Renfrewshire easy to find.

You may experience a bug in the programme resulting in the map changing shape. Please reload the web page if this happens.

# Map view

Click < or > at the bottom of the display to move between the map view (page 1) and the table view (page 2).

Renfrewshire Health & Social Care Partnership

## Well in Renfrewshire (WiRe)

To request a change to information on this portal [click here](#)

Town

- Select all
- (Blank)
- Bishopton
- Bridge of Weir
- Brookfield
- Elderslie

Category

- Select all
- (Blank)
- Advice and Support
- DigiZone
- Employability
- Learning

Last Updated	Resource	Town	Who's it for	Category	Information
13 May 2025	Right2Dance				
01 May 2025	Narcotics Anonymous	Paisley	Addiction/Recovery	Advice and Support	If you have a problem with drugs, we are recovering drug addicts
13 May 2025	Barshaw Junior Parkrun	Paisley	Children and Young People	Physical Activity	Parkruns are free, weekly, community events parkrun is a positive and abilities. Juniors Meets Sundays at 9.30am - you need to regi
25 April 2025	Renfrew Burgh Band	Renfrew	Open to all	Social Activity	2nd section Brass band open to all who wish to play. Tuesdays 7. Thursdays 7.30pm - 9.30pm
29 April 2025	Walkers Hockey Club	Paisley	Open to all	Physical Activity	4 men's and 2 ladies' teams, plus junior section. Primary 1 to unde

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< 1 of 2 >

# Table view

Click < or > at the bottom of the display to move between the map view (page 1) and the table view (page 2).

Renfrewshire Health & Social Care Partnership

Well in Renfrewshire (WiRe)

To request a change to information on this portal [click here](#)

Town: All | Category: All | Information: All

Last Updated	Resource	Town	Who's it for	Category	Information
24 May 2025	Carers Support Group	Paisley	Dementia	Advice and Support	This is a group for families and carers of people living with dementia. It sometimes have guest speakers at our groups. This is a group for people
24 May 2025	Chair Exercise Keep Fit Class	Paisley	Dementia	Physical Activity	This is a chair exercise class designed to keep you fit and keep the joints with dementia and their families/carers. No equipment is needed and we
13 May 2025	ASN Football	Renfrew	Physical Disability	Physical Activity	The Assisted Needs Football program is open to individuals aged 16 and
13 May 2025	Autistic Club	Johnstone	Neurodiversity	Social Activity	Autistic club offers opportunities to children under 11 with ASN to explore facing challenges and celebrating differences together.
13 May 2025	Barshaw Junior Parkrun	Paisley	Children and Young People	Physical Activity	Parkruns are free, weekly, community events parkrun is a positive, welcome 9.30am - you need to register online.
13 May 2025	Erskine Waterfront Parkrun	Erskine	Open to all	Physical Activity	A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer
13 May 2025	Linwood Parkrun	Linwood	Open to all	Physical Activity	A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer
13 May 2025	OneRen Health Walk	Renfrew	Open to all	Physical Activity	Walking group for all ages and abilities. Every Monday at 2.15pm. Meet in
13 May 2025	OneRen Health Walk	Paisley	Open to all	Physical Activity	Walking group for all ages and abilities. Every Thursday at 10.30am. Meet in
13 May 2025	OneRen Health Walk	Paisley	Open to all	Physical Activity	Walking group for all ages and abilities. Every Thursday at 12.30pm. Meet in
13 May 2025	OneRen Health Walk	Paisley	Open to all	Physical Activity	Walking group for all ages and abilities. Every Tuesday at 10.30am. Meet in
13 May 2025	OneRen Health Walk	Paisley	Open to all	Physical Activity	Walking group for all ages and abilities. Every Tuesday at 5.15pm. Meet in
13 May 2025	OneRen Health Walk	Paisley	Open to all	Physical Activity	Walking group for all ages and abilities. Every Wednesday at 12.15pm. Meet in
13 May 2025	OneRen Vitality Step In Circuit Class	Linwood	Long Term Conditions	Physical Activity	Exercise class suitable for people with medical conditions who have some
13 May 2025	OneRen Vitality Step In Circuit Class	Paisley	Long Term Conditions	Physical Activity	Exercise class suitable for people with medical conditions who have some
13 May 2025	OneRen Vitality Step Up Circuit Class	Paisley	Long Term Conditions	Physical Activity	Exercise class suitable for people with medical conditions who have some
13 May 2025	OneRen Vitality Strength & Balance Circuit Class	Paisley	Long Term Conditions	Physical Activity	Exercise class suitable for people with medical conditions or who need to
13 May 2025	OneRen Vitality Strength & Balance Circuit Class	Erskine	Long Term Conditions	Physical Activity	Exercise class suitable for people with medical conditions or who need to
13 May 2025	OneRen Vitality Strength & Balance Circuit Class	Renfrew	Long Term Conditions	Physical Activity	Exercise class suitable for people with medical conditions or who need to
13 May 2025	OneRen Vitality Strength & Balance Class	Paisley	Long Term Conditions	Physical Activity	Exercise class suitable for people with medical conditions or who need to

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< 2 of 2 >

Click the double headed arrow to open in full-screen

Renfrewshire Health & Social Care Partnership

## Well in Renfrewshire (WiRe)

To request a change to information on this portal [click here](#)

Town

- Select all
- (Blank)
- Bishopton
- Bridge of Weir
- Brookfield
- Erinsdale

Category

- Select all
- (Blank)
- Advice and Support
- DigiZone
- Employability
- Learning

Last Updated	Resource	Town	Who's it for	Category	Information
13 May 2025	Right2Dance				
01 May 2025	Narcotics Anonymous	Paisley	Addiction/Recovery	Advice and Support	If you have a problem with drugs, we are recovering drug addicts
13 May 2025	Barshaw Junior Parkrun	Paisley	Children and Young People	Physical Activity	Parkruns are free, weekly, community events parkrun is a positive and abilities. Juniors Meets Sundays at 9.30am - you need to regi
25 April 2025	Renfrew Burgh Band	Renfrew	Open to all	Social Activity	2nd section Brass band open to all who wish to play. Tuesdays 7. Thursdays 7.30pm - 9.30pm
20 April 2025	Kelburne Hockey Club	Paisley	Open to all	Recreational Activities	A men's and 2 ladies' teams plus junior section Primary 1 to unde

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1 of 2

44%

Full screen icon (double arrow) highlighted in red.

To exit full screen, press Esc on your keyboard

Renfrewshire Health & Social Care Partnership

# Well in Renfrewshire (WIR)

To request a change to information on this portal [click here](#)

powerbi.com - To exit full screen, press **Esc**

Town: All Category: All

Last Updated	Resource	Town	Who's it for	Category	Information
16 October 2024	Chatty Café	Johnstone	Long Term Conditions	Social Activity	Meets last Tuesday of the month 1-3pm. All welcom
14 October 2024	DigiZone - Bargarran Community Centre (Youth)	Erskine	Children and Young People	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Bargarran Learning Centre	Erskine	Adults	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Bishopton Library	Bishopton	Open to all	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Bridge of Weir Library	Bridge of Weir	Open to all	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Erskine Library	Erskine	Open to all	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Ferguslie Library	Paisley	Open to all	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Foxbar Library	Paisley	Open to all	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Foxbar Youth Learning Centre (Foxbar Youth Drop-In)	Paisley	Children and Young People	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Foxlea Learning Centre	Paisley	Adults	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Glenburn Learning Centre	Paisley	Adults	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Glenburn Library	Paisley	Open to all	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - GoZone (Glenburn)	Paisley	Children and Young People	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Johnstone Library	Johnstone	Open to all	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Linwood Library	Linwood	Open to all	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Lochwinnoch Library	Lochwinnoch	Open to all	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Moorpark Community Learning Centre	Renfrew	Adults	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Paisley Central Library	Paisley	Open to all	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Raiston Library	Paisley	Open to all	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Renfrew Library	Renfrew	Open to all	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Skoobmobile	Renfrewshire		DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Southend Action Centre	Paisley	Adults	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - Station Seven	Johnstone	Open to all	DigiZone	Helping people get online by providing access to ei
14 October 2024	DigiZone - West Johnstone Learning Centre	Johnstone	Adults	DigiZone	Helping people get online by providing access to ei

Use your mouse wheel while the cursor is on the map to zoom in and out



Renfrewshire Health & Social Care Partnership

## Well in Renfrewshire (WiRe)

To request a change to information on this portal [click here](#)

Town

- Select all
- (Blank)
- Bishopton
- Bridge of Weir
- Brookfield
- Glasgow

Category

- Select all
- (Blank)
- Advice and Support
- DigiZone
- Employability
- Learning

Last Updated	Resource	Town	Who's it for	Category	Information
13 May 2025	Right2Dance				
01 May 2025	Narcotics Anonymous	Paisley	Addiction/Recovery	Advice and Support	If you have a problem with drugs, we are recovering drug addicts
13 May 2025	Barshaw Junior Parkrun	Paisley	Children and Young People	Physical Activity	Parkruns are free, weekly, community events parkrun is a positive and abilities. Juniors Meets Sundays at 9.30am - you need to regi
25 April 2025	Renfrew Burgh Band	Renfrew	Open to all	Social Activity	2nd section Brass band open to all who wish to play. Tuesdays 7. Thursdays 7.30pm - 9.30pm
28 April 2025	Kelburne Hockey Club	Paisley	Open to all	Physical Activity	4 men's and 2 ladies' teams, plus junior section. Primary 1 to undr

Microsoft Power BI

1 of 2

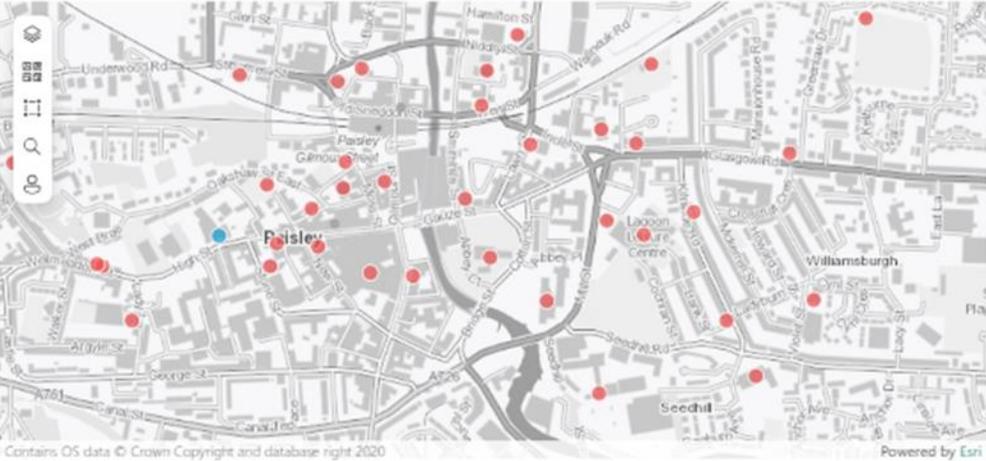
The dots represent buildings/locations with resources.  
 The resources are listed in the table below the map.



## Well in Renfrewshire (WiRe)



To request a change to information on this portal [click here](#)



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**Town**

Select all

(Blank)

Bishopston

Bridge of Weir

Brookfield

...

**Category**

Select all

(Blank)

Advice and Support

DigiZone

Employability

Learning

Last Updated	Resource	Town	Who's it for	Category	Information
13 May 2025	Right2Dance				
01 May 2025	Narcotics Anonymous	Paisley	Addiction/Recovery	Advice and Support	If you have a problem with drugs, we are recovering drug addicts
13 May 2025	Barshaw Junior Parkrun	Paisley	Children and Young People	Physical Activity	Parkruns are free, weekly, community events parkrun is a positive and abilities. Juniors Meets Sundays at 9.30am - you need to regi
25 April 2025	Renfrew Burgh Band	Renfrew	Open to all	Social Activity	2nd section Brass band open to all who wish to play. Tuesdays 7: Thursdays 7.30pm - 9.30pm
20 April 2025	Kelburne Hockey Club	Paisley	Open to all	Physical Activity	4 men's and 2 ladies' teams plus junior section Division 1 to under

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< 1 of 2 >




To get more information about a resource, visit their Website or Social Media page by clicking on a link

Renfrewshire Health & Social Care Partnership

# Well in Renfrewshire (WiRe)

To request a change to information on this portal [click here](#)



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**Town**

- Select all
- (Blank)
- Bishopton
- Bridge of Weir
- Brookfield
- Elderslie

**Category**

- Select all
- (Blank)
- Advice and Support
- DigiZone
- Employability
- Learning

Contact	Website	Social media
0300 999 1212	<a href="https://ukna.org/">https://ukna.org/</a>	
barshawjuniors@parkrun.com	<a href="https://www.parkrun.org.uk/barshaw-juniors/">https://www.parkrun.org.uk/barshaw-juniors/</a>	<a href="https://www.facebook.com/barshawjuniorparkrun">https://www.facebook.com/barshawjuniorparkrun</a>
renfrewburghband@gmail.com	<a href="https://www.renfrewburghband.co.uk/">https://www.renfrewburghband.co.uk/</a>	<a href="https://www.facebook.com/renfrewburghband/">https://www.facebook.com/renfrewburghband/</a>
directorofhockey@kelburne.com	<a href="https://www.kelburne.com/">https://www.kelburne.com/</a>	<a href="https://www.facebook.com/Kelburne/">https://www.facebook.com/Kelburne/</a>

# Use the sliders to view Towns and Categories

Renfrewshire Health & Social Care Partnership

## Well in Renfrewshire (WiRe)

Wire Well in Renfrewshire

To request a change to information on this portal [click here](#)

**Town**

- Select all
- (Blank)
- Bishopton
- Bridge of Weir
- Brookfield
- Cumbernauld

**Category**

- Select all
- (Blank)
- Advice and Support
- DigiZone
- Employability
- Learning

Last Updated	Resource	Town	Who's it for	Category	Information
13 May 2025	Right2Dance				
01 May 2025	Narcotics Anonymous	Paisley	Addiction/Recovery	Advice and Support	If you have a problem with drugs, we are recovering drug addicts
13 May 2025	Barshaw Junior Parkrun	Paisley	Children and Young People	Physical Activity	Parkruns are free, weekly, community events parkrun is a positive and abilities. Juniors Meets Sundays at 9.30am - you need to regi
25 April 2025	Renfrew Burgh Band	Renfrew	Open to all	Social Activity	2nd section Brass band open to all who wish to play. Tuesdays 7. Thursdays 7.30pm - 9.30pm
20 April 2025	Kelburne Hockey Club	Dunfermline	Open to all	Recreational Activities	A men's and 2 ladies' teams plus junior section Primary 1 to 6

Microsoft Power BI

1 of 2

Use the slider at the bottom to view more information about a resource.

The screenshot shows the 'Well in Renfrewshire (WiRe)' portal. At the top left is the Renfrewshire Health & Social Care Partnership logo. The title 'Well in Renfrewshire (WiRe)' is centered at the top. To the right is a 'WiRe' logo and a link: 'To request a change to information on this portal [click here](#)'. Below the title is a map of Paisley with several red circular markers indicating resource locations. To the right of the map is a filter panel with two sections: 'Town' and 'Category'. The 'Town' section includes:  Select all,  (Blank),  Bishopton,  Bridge of Weir,  Brookfield, and  Paisley. The 'Category' section includes:  Select all,  (Blank),  Advice and Support,  DigiZone,  Employability, and  Learning. Below the map is a table with columns for 'Information' and 'Address'. The table contains several rows of resource information. The first row describes a drug recovery service at The Tannahill Centre. The second row describes parkruns at Barshaw Park. The third row describes a brass band at William McMaster Centre. The fourth row describes a primary school. A red box highlights the text 'Primary 1 to under 19's. New members always welcome.' in the 'Information' column of the fourth row. At the bottom of the map area is a zoom slider set to 44%. The footer of the slide shows 'Microsoft Power BI' on the left and navigation controls (back, 1 of 2, forward, share, refresh) on the right.

Renfrewshire Health & Social Care Partnership

## Well in Renfrewshire (WiRe)

To request a change to information on this portal [click here](#)

Town

- Select all
- (Blank)
- Bishopton
- Bridge of Weir
- Brookfield
- Paisley

Category

- Select all
- (Blank)
- Advice and Support
- DigiZone
- Employability
- Learning

Information	Address
If you have a problem with drugs, we are recovering drug addicts who can help you get and stay clean.	The Tannahill Centre, 76, Blackstoun Road, Barshaw Park, 165 Glasgow Road, Paisley, F
Parkruns are free, weekly, community events parkrun is a positive, welcoming and inclusive experience where there is no time limit and no one finishes last. All ages and abilities. Juniors Meets Sundays at 9.30am - you need to register online. 2nd section Brass band open to all who wish to play. Tuesdays 7.30-9.30pmpm Thursdays 7.30pm - 9.30pm	William McMaster Centre, Donaldson Drive
4 men's and 2 ladies' teams plus junior competition Primary 1 to under 19's. New members always welcome.	Barshaw Drive, Paisley, D61 2EE

Microsoft Power BI

1 of 2

On map view, click on a box next to a Town and/or Category to filter resources.

The screenshot shows the 'Well in Renfrewshire (WiRe)' interface. At the top left is the logo for 'Renfrewshire Health & Social Care Partnership'. The main title is 'Well in Renfrewshire (WiRe)'. To the right, there is a 'WiRe Well in Renfrewshire' logo and a link: 'To request a change to information on this portal [click here](#)'. Below the title is a map of the Johnstone area with several red dots indicating resource locations. To the right of the map is a filter panel with two sections: 'Town' and 'Category'. In the 'Town' section, the 'Johnstone' option is selected and highlighted with a red box. In the 'Category' section, the 'Physical Activity' option is selected and highlighted with a red box. Below the map and filters is a table of resources. The table has columns for 'Last Updated', 'Resource', 'Town', 'Who's it for', 'Category', and 'Information'. The first two rows show resources for 'Johnstone' in the 'Physical Activity' category. At the bottom of the screen, there is a 'Microsoft Power BI' logo, a navigation bar showing '1 of 2', and a zoom level of '44%'.

Renfrewshire Health & Social Care Partnership

Well in Renfrewshire (WiRe)

WiRe Well in Renfrewshire

To request a change to information on this portal [click here](#)

Town

- Johnstone
- Linwood
- Lochwinnoch

Category

- Select all
- Advice and Support
- DigiZone
- Physical Activity
- Social Activity

Last Updated	Resource	Town	Who's it for	Category	Information
01 October 2024	Active Communities - Mens Boxing & Fitness	Johnstone	Men	Physical Activity	Boxing exercise for men - all abilities. Meets Wednesdays 1-2pm - book on
01 October 2024	Active Communities - Womens Break-xercise	Johnstone	Women	Physical Activity	Exercise for women all ages and abilities. Thursdays 9.30-10.45am
24 April 2025	Fitness Class	Johnstone	Open to all	Physical Activity	Fitness class. Meets Wed 6.15pm-8.15pm all ages and all abilities - go at yc
23 April 2025	Thorn Athletic Minis - kids born in 2021	Johnstone	Children and Young People	Physical Activity	Football sessions Saturday from 10-10.45am and Wednesday 5pm for kids
23 April 2025	Thorn Athletic Micros - kids born in 2022	Johnstone	Children and Young People	Physical Activity	Football sessions every Saturday from 9-9.45am for kids born in 2021. Don
23 April 2025	Girls Football	Johnstone	Children and Young People	Physical Activity	Football sessions for girls, various age groups on various days
23 April 2025	Thorn Athletic Mightys - kids born in 2020	Johnstone	Children and Young People	Physical Activity	Football sessions Saturday from 11-11.45am and Wednesday 5pm for kids
23 April 2025	Wake Up & Warm Up	Johnstone	Open to all	Physical Activity	Free and easy exercise group, open and available to everyone in a safe, war

Microsoft Power BI

1 of 2

44%

To clear your town/category selections, click the black box next to your selection(s)

Renfrewshire Health & Social Care Partnership

# Well in Renfrewshire (WiRe)

To request a change to information on this portal [click here](#)

**Town**

- Inchinnan
- Johnstone
- Kilbarchan
- Linwood
- Lochwinnoch

**Category**

- Select all
- Advice and Support
- DigiZone
- Learning
- Physical Activity
- Social Activity

Last Updated	Resource	Town	Who's it for	Category	Information
01 October 2024	Active Communities - Mens Boxing & Fitness	Johnstone	Men	Physical Activity	Boxing exercise for men - all abilities. Meets Wednesdays 1-2pm - book on
01 October 2024	Active Communities - Womens Break-exercise	Johnstone	Women	Physical Activity	Exercise for women all ages and abilities. Thursdays 9.30-10.45am
24 April 2025	Fitness Class	Johnstone	Open to all	Physical Activity	Fitness class. Meets Wed 6.15pm-8.15pm all ages and all abilities - go at yc
23 April 2025	Thorn Athletic Minis - kids born in 2021	Johnstone	Children and Young People	Physical Activity	Football sessions Saturday from 10-10.45am and Wednesday 5pm for kids
23 April 2025	Thorn Athletic Micros - kids born in 2022	Johnstone	Children and Young People	Physical Activity	Football sessions every Saturday from 9-9.45am for kids born in 2021. Don
23 April 2025	Girls Football	Johnstone	Children and Young People	Physical Activity	Football sessions for girls, various age groups on various days
23 April 2025	Thorn Athletic Mightys - kids born in 2020	Johnstone	Children and Young People	Physical Activity	Football sessions Saturday from 11-11.45am and Wednesday 5pm for kids
23 April 2025	Wake Up & Warm Up	Johnstone	Open to all	Physical Activity	Free and easy exercise group, open and available to everyone in a safe, wa

Microsoft Power BI

1 of 2

44%

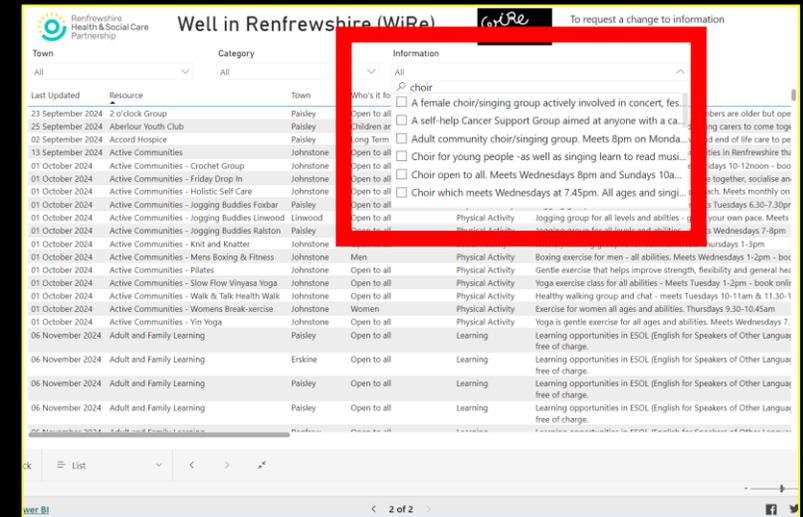
# On table view, use the drop down to choose a Town and/or Category

The screenshot displays the 'Well in Renfrewshire (WiRe)' portal. At the top left is the Renfrewshire Health & Social Care Partnership logo. The main header reads 'Well in Renfrewshire (WiRe)'. To the right of the header is the 'WiRe Well in Renfrewshire' logo and a link: 'To request a change to information on this portal [click here](#)'. Below the header, there are two filter dropdown menus highlighted with red boxes: 'Town' and 'Category'. The 'Town' dropdown is open, showing a list of towns: All, (Blank), Bishopston, Bridge of Weir, Elderslie, Erskine, Houston, and Howwood. The 'Category' dropdown is closed, showing 'All'. Below the filters is a table with columns: Town, Who's it for, Category, and Information. The table lists various activities such as 'Men's group', 'Social club', 'Referral only club', 'Accord Hospice', 'Crochet group', 'Jogging Buddies', and 'Knit and Knatter' across different towns like Inchinnan, Paisley, Johnstone, and Erskine.

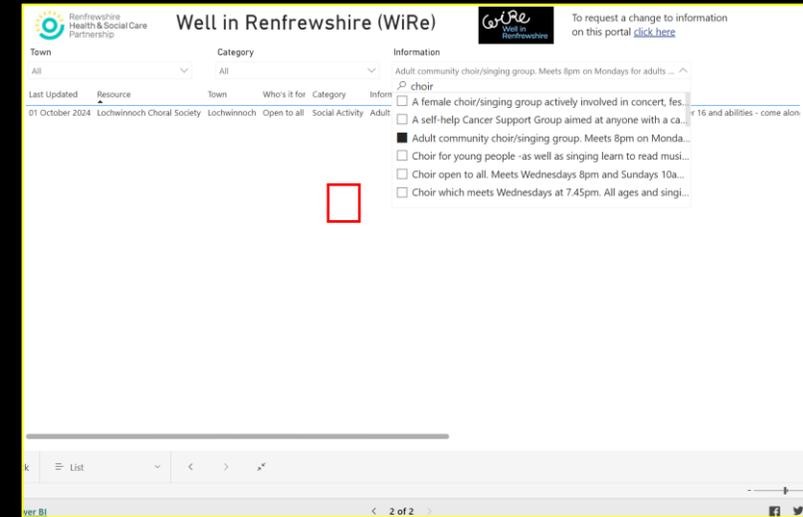
Town	Who's it for	Category	Information
Inchinnan	Men	Social Activity	Mens group enjoys games and socialising. Tuesdays 7.30pm
Paisley	Open to all	Social Activity	Social club meets for tea and a chat. Most members are older but ope
Paisley	Children and Young People	Social Activity	Referral only club for care experienced and young carers to come toge
Paisley	Long Term Conditions	Advice and Support	Accord Hospice provides specialist palliative and end of life care to pe
Johnstone	Open to all	Physical Activity	Our vision is to create happy, healthy communities in Renfrewshire thz
Johnstone	Open to all	Social Activity	Friendly crochet group for all abilities. Meets Fridays 10-12noon - boo
Johnstone	Open to all	Social Activity	Informal and Friendly group for people to come together, socialise an
Johnstone	Open to all	Social Activity	Hints and tips on selfcare from a holistic approach. Meets monthly on
Paisley	Open to all	Physical Activity	Jogging group for all levels and abilities - meets Tuesdays 6.30-7.30pr
Linwood	Open to all	Physical Activity	Jogging group for all levels and abilities - go at your own pace. Meets
Paisley	Open to all	Physical Activity	Jogging group for all levels and abilities - meets Wednesdays 7-8pm
Johnstone	Open to all	Social Activity	Friendly knitting group for all abilities. Meets Thursdays 1-3pm
Johnstone	Men	Physical Activity	Boxing exercise for men - all abilities. Meets Wednesdays 1-2pm - boc
Johnstone	Open to all	Physical Activity	Gentle exercise that helps improve strength, flexibility and general hez
Johnstone	Open to all	Physical Activity	Yoga exercise class for all abilities - Meets Tuesday 1-2pm - book onli
Johnstone	Open to all	Physical Activity	Healthy walking group and chat - meets Tuesdays 10-11am & 11.30-1
Johnstone	Women	Physical Activity	Exercise for women all ages and abilities. Thursdays 9.30-10.45am
Johnstone	Open to all	Physical Activity	Yoga is gentle exercise for all ages and abilities. Meets Wednesdays 7.
Erskine	Open to all	Learning	Learning opportunities in ESOL (English for Speakers of Other Language; free of charge.
Paisley	Open to all	Learning	Learning opportunities in ESOL (English for Speakers of Other Language; free of charge.
Renfrew	Open to all	Learning	Learning opportunities in ESOL (English for Speakers of Other Language; free of charge.

# Keyword Search

1. Click on the **Information** drop down to type your keyword, e.g. choir. This creates a list of all the information with 'choir' in it.



2. Click on a box to select a resource



3. To clear your selection, click the clear selections icon 



The Last Updated column tells you the last time someone confirmed the resource existed.

Renfrewshire Health & Social Care Partnership

### Well in Renfrewshire (WiRe)

To request a change to information on this portal [click here](#)

Town

- Select all
- (Blank)
- Bishopton
- Bridge of Weir
- Brookfield
- Elderslie

Category

- Select all
- (Blank)
- Advice and Support
- Digizone
- Employability
- Learning

Last Updated	Resource	Town	Who's it for	Category	Information
13 May 2025	Right2Dance				
01 May 2025	Narcotics Anonymous	Paisley	Addiction/Recovery	Advice and Support	If you have a problem with drugs, we are recovering drug addicts
13 May 2025	Barshaw Junior Parkrun	Paisley	Children and Young People	Physical Activity	
25 April 2025	Renfrew Burgh Band	Renfrew	Open to all	Social Activity	Parkruns are free, weekly, community events parkrun is a positive and abilities. Juniors Meets Sundays at 9.30am - you need to regi 2nd section Brass band open to all who wish to play. Tuesdays 7. Thursdays 7.30pm - 9.30pm
20 April 2025	Kelburn Hockey Club	Paisley	Open to all	Recreational Activities	4 men's and 2 ladies' teams, plus junior section (Primary 1 to under

Microsoft Power BI

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# Contact

We aim to keep the information on the WiRe map up to date.

If you find something that is not as noted, or if you know of something that is not on the map, please let us know.

If you have any questions or comments about WiRe, please contact the HSCP's Community Partnerships Team.

[communitypartnershipsteam@renfrewshire.gov.uk](mailto:communitypartnershipsteam@renfrewshire.gov.uk)